



**Flatrock Recreation
2018 Multi Sport Camp**

1. What is Flatrock Multi Sport Camp?

Our Multi Sport Camp is a one day a week camp (twice one week) that is affordable and very enjoyable for youth ages 13 to 15 (within the calendar year). The camp will feature a variety of sporting opportunities and healthy snacks.

2. What are the dates for the Multi Sport Camp?

Week 1	July 10 th
Week 2	July 17 th and July 18 th
Week 3	July 24 th
Week 4	July 31 st
Week 5	August 7 th
Week 6	August 14 th

3. What is included in our Multi Sport Camp?

Flatrock Recreation is pleased to offer a camp that offers a variety of activities for all to enjoy. Each week we will highlight a new sport and have a range of sporting opportunities.

4. What is the location of the Multi Sport Camp?

Our Multi Sport Camp will be held on Tuesday's at the Red Head Road Recreational Complex.

5. What are the Hours of Operation?

Multi-Sport Camp will run from 8:30 am to 4:30 pm.

6. How much does Multi Sport Camp Cost?

Flatrock Recreation strives to provide a very affordable summer camp. Our Multi Sport Camp rate is \$20 a day per person.

7. When is registration?

Registration will be held on Thursday, June 21st from 7:00 – 8:00 pm at the Flatrock Town Hall. Registration fees in cash or debit are payable in full on registration night.

8. What will I need for registration?

In an attempt to speed up the registration process, all required documents will be posted on www.townofflatrock.com before registration. We strongly encourage residents to complete these forms and bring them to registration.

9. What is the method of payment?

Registration fees can be in the form of cash, cheque, debit and credit cards. Please be advised that cash and debit payments are due in full on the night of registration. Pre – authorized payment plans will be available for individuals who wish to pay with postdated cheques or credit cards. There will be a separate form that needs to be completed at registration for this.

10. How much food should I pack in my child's bag for lunch?

Your child/ren will need a lunch and one snack per day. We will provide one healthy snack per day. Please do not pack any type of nuts (tree nuts or peanuts) fish, or eggs as we must provide a safe and allergy free environment for all children in the camp.

11. What should my child bring for the day?

Lots of food and water will be needed as your child will be active all day. The summer sun can be very dangerous, so we ask children to bring their own sunscreen each week of camp. Of course, extra clothes always come in handy if something was to rip or become dirty while playing outside. **Electronic devices are NOT permitted.**