



The Town of Flatrock

663 Wind Gap Road
Flatrock, NL
A1K 1C7

PHONE (709) 437-6312
FAX: (709) 437-6311

www.townofflatrock.com

May, 2016

Suspicious Activity:

The Town Council of Flatrock ask if any residents witness any suspicious activities in your neighbourhood, you should call the [RNC] Royal Newfoundland Constabulary immediately at 911 or 729-8000. We have been hearing from some residents regarding high speeds on our side roads, strange vehicles congregating in cul- de- sacs and reckless ATV driving. The town has contacted the RNC and they suggest that any residents with concerns should call the above numbers to file a confidential complaint. In the mean time the RNC confirmed that they will be stepping up their presence in areas of concern.

The Town of Flatrock has installed temporary speed bumps in many areas of our town, this is to help slow down speeding traffic on our side roads. Speed limits on all town side roads range from 30 km/hour to 40 km/hour, please do your part to help make your community safe.

*RNC tip of the month see page 9

Beamer and Recreation fields:

The Town Council ask that residents respect the Beamer by not riding Jeeps, ATV's, dirt bikes and other recreational vehicles on this historical part of our town as the continuous driving back and forth destroys the landscape of the Beamer.

The Town Council ask that residents respect the soccer and softball fields by not riding ATV's, dirt bikes and other recreational vehicles on them as these fields are being used by our residents and especially our children in the summer. The continuous driving back and forth destroys the fields. Also recreational vehicles should not be used on fields and any property you do not own. Thank you for respecting your community and environment.

The town ask that any residents with concerns should call the [RNC] Royal Newfoundland Constabulary immediately at 911 or 729-8000.

Town of Flatrock Group email:

The Town Council of Flatrock ask that any resident who would like their email added to a group email for the purpose of sending information such as changes in garbage day, bulk garbage notification, recreation activities and any other information concerning the town, to please send your email, name and street to the town office at: info@townofflatrock.com

Your email will not be shown or used by anyone else.

Flatrock Come Home Year 2017:

Flatrock Come Home Year 2017 **Concert and Dance** will be held Friday June 17, 2016 at the Flatrock Community Center. Doors open at 9 pm, music starts at 9:30 featuring McGrath Family, Martin Family and Coaker's Hat. Tickets \$15.00 on sale Saturday, June 4 at Town Hall from 12:00 – 2:00. Tickets available at the Town Hall during business hours starting June 6. Bar Service. 50/50 tickets. A night of music and friends.

Signage in the Town of Flatrock:

To erect a sign in the Town of Flatrock requires a permit from the town. We would like to know the size and location of the sign that you would like to put up. This would then need to be passed by the town. Signs that are not approved will be removed by the town staff.

It is illegal to post signs on Newfoundland Power poles.

Business Advertisement:

Town of Flatrock is currently updating the community map. If any business is interested in advertising on the brochure please contact town office. \$50.00 flat rate for advertisement. Deadline is May 24, 2016. Your business card would be advertised on the map.

Permit to Burn:

Residents preparing to burn brush as part of clean-up activities around their properties should note that the 2016 forest fire season will start May 1 and end October 15, 2016. A permit to burn is required under the Forestry Act and can be obtained at no cost at Paddy's Pond office, phone 729-4180. Materials prohibited from burning include: tires, plastics, treated lumber, asphalt, drywall, demolition, hazard, domestic and biomedical waste, manure, rubber, tar paper, railway ties, paint and paint products, fuel, lubricant containers, used oil, Styrofoam, animal cadavers etc., A toll free number is available to report forest fires during forest fire season. The number is 1-866-709-3473. Information on the forest fire season and regulations are available at: www.nr.gov.nl.ca/nr/forestry/fires/index.html
Please call fire department at 722-1234 to notify them when you are burning brush.

Annual Bulk Garbage Clean Up:

The Town of Flatrock's annual bulk garbage pick-up is **June 6**. All residents are requested to have all debris on the curb side by June 5 as there will be no duplication of any roadways. Collection will not include tires or hazardous goods such as propane tanks or paint. The Town of Flatrock will be working with Newco Metals again this year to remove any old vehicles from your property, deadline to notify the town is Wednesday, June 1st. If you would like to take part and have an old car removed FREE of charge please contact the town office at 437-6312 with your name, address, phone number and description of the condition, make and color of the car. The Town Council of Flatrock encourages you to take advantage of this program and get these vehicles that are no longer running removed from your property with no effort or charge to you. Thank you for helping to keep your community clean

EWaste NL [Electronics Waste]:

The Town of Flatrock will be picking up electronics during our cleanup such as: TV's, computers, cellphones, stereos, printers, VCR's and CD players for recycling.

Environment Awareness Day:

Environment Awareness Day 2016 will be held on Saturday, June 11th. On this day we encourage the youth of Flatrock to pick up garbage around their property, around the town and in the ditches. After the Cleanup, there will be a barbeque at the Town Hall at which time; prizes will be given out to the children who participate. Once again this year we will have a bike and helmet for the children. There will be prizes for adults who take part in the clean up as well. The Environment Committee will be having a tree planting following the BBQ at Ocean View Park for Arbor Day.

The Household Hazardous Waste drop-off is at the Regional Facility located at Robin Hood Bay. For more detailed information on the materials accepted there, please visit: www.curbitstjohns.ca/?Content=Residents/Household_Hazardous_Waste

Soiree:

The date for the 2016 Flatrock Soiree is August 5, 6, 7th. Fireworks at 10 p.m.

St. Michael's Parish Garden Party:

The date for the 2016 Flatrock Garden Party is Sunday, July 10.

Cemetery Masses:

St. Michael's Flatrock – July 21 at 7 pm

Holy Trinity, Torbay – Main Road – July 19 & Bauline Line – July 26

St. Agnes, Pouch Cove – July 20

Bonfire: There will be a Bonfire held on the Beach [across from Ocean View Park] on Friday, June 24 at 7 pm sponsored by the Flatrock Recreation. The Torbay Volunteer Fire Department will be in attendance. Please bring your own marshmallows.

Soccer:

Soccer registration was held for ages 3 to 17, there are still some openings for age 11 – 17 but all other age groups are full. For further information call Marion 437-6945.

Targa:

Targa will be held in the Town of Flatrock again this year on Sunday, September 11. Targa NL will be sending further information.

Holidays:

Please be advised that the Town Hall will be closed on May 23, 2016 for Victoria Day.

Summer Hours:

From Monday June 13, 2016 and ending Friday, September 9, 2016 the Town Hall hours will be from 8:30 am to 3:45 pm.

Summer Students:

Summer positions are not filled yet but will be shortly.

The Town of Flatrock avails of government funding from federal and provincial sources for summer student's positions. With each funding source there are different requirements that we must follow when selecting students. Some positions are post-secondary only, while others can be secondary or post-secondary.

Easter Colouring Contest Winners:

The Town of Flatrock sponsored an n Easter Colouring contest. Winners from four age groups: 2 years and under: Allie E. 3 to 5 years Sophie S. 6-8 years Ava H. and 9-12 years Daniel C. All winners were notified and received a Chapters gift card. Congratulations to all the winners and thank you to everyone who participated.

Sports:

Congratulations to Hannah Green [14 years old] of Flatrock. Hannah was selected to the 2016 Midget Girls' Team with the NLBA. She will be participating in the Canadian National Championships in Regina, SK from July 25 – 30, 2016. Good Luck.

Congratulations to Haley Everson of Flatrock for winning first place in her solo ballet routine at the Provincial Dance competition.

If anyone has an acknowledgement of any sports accomplishments that they would like to have in the town newsletters, please send the information to info@townofflatrock.com.

Bike Helmets

Bike Helmets will be mandatory in Newfoundland and Labrador for all users effective April 1, 2015 when cycling on the province's roadways. This amendment to the Highway Traffic Act was introduced in the House of Assembly in 2014.

Recreation fields:

The Town Council ask that anyone using the Red Head recreation fields remember that our facilities are within a public space and are shared with all residents of the town. Polite and appropriate behavior is expected at all times. Please keep in mind that this facility is used by small children. Please refrain from profanities and loud music. Please pick up your trash and put in containers provided. There is absolutely **no** alcohol allowed on the softball field/soccer field, the playground or basketball court. Please respect our posted speed limits and be mindful of the children playing in the area. Please conduct yourselves properly when using the recreation fields and enjoy yourselves. Please do not drink and drive.

Walking Safety:

Walking, running and bicycling are popular events in Flatrock and it is suggested to please wear reflective clothing to be visible on the roads, especially at night.

Torbay Volunteer Fire Department:

The Town of Flatrock presented the Torbay Volunteer Fire Department with a drone to use in emergencies. The drone was presented at the Torbay Volunteer Fire Department at their Annual Fireman's Ball in April.

House Numbers:

The Torbay Volunteer Fire Department has requested that if possible all residents have visible house numbers placed on their homes in case of emergency. Thank you to everyone who already have their house numbers on display.

Town Council Meetings:

Deadline for applications or correspondence for Flatrock Town Council meetings are noon on the Thursdays before the meeting. The Town Council meets every second Monday and is open to the public at all times. If you wish to speak to Council on a matter, please call ahead of time so we can put your name on the agenda. The next council meeting is: 6:30 on Monday, May 30.

Town plan update

The Town of Flatrock 2015-2025 Municipal Plan is still in the process of approval. The Town Council will hold a public meeting as soon as the letter of release is received from Municipal Affairs.

Development in Flatrock:

The Town of Flatrock has issued:

74 permits in 2012, 48 permits in 2013, 81 permits in 2014, 51 permits in 2015 and to date in 2016: Residence 7, garage 3, shed 0, extensions 1, renovations 2. Total 12

Home Renovations:

The Town Council of Flatrock now has a Renovation Permit for all renovations in the Town Of Flatrock. You will need to fill in an application stating what renovations you are having done. The application does not need to go to a Council meeting. You pick up your Renovation Permit for a fee of \$25.00.

Permits:

Permits are required for all sheds even movable sheds, please contact Town Office for details. Any application for a shed has to go to a Council Meeting for approval. If you have a shed on your property the permit application is \$10.00 and permit costs 20 cents a square foot with a minimum cost of \$30.00. You can be asked to remove a shed if you do not have a permit for it.

Tax Payment Information:

Residents can now pay their taxes through online banking, if they are a client of Royal Bank, TD, and Scotiabank. To access this, sign into your online banking account and choose add a Payee from where you would pay your bills. Search "Town of Flatrock" and then enter your account code found on your invoice or receipts (first 4 letters of your last name, first letter of your first name followed by three numbers). If you need any help setting this up please call your bank or the town hall.

Outstanding Taxes:

2015 Outstanding taxes – Payments are accepted by Visa, Debit, MasterCard, cheques and cash as well as post - dated cheques, at the town office between the hours of 8:30 to 3:45, Monday to Friday. You can also pay online through your bank. [see above].

East Coast Trails:

The East Coast Trails have walking trails in Flatrock. There is signage at Hickey's Lane and near the wharf for anyone who would like to avail of the trails. You can get more information on the trails at www.eastcoasttrail.ca.

Parking on roads:

The Town Council of Flatrock ask that residents **not park** on any road in Flatrock. This is a safety issue for emergency equipment accessing any road and finding a vehicle parked on the road will delay access to an emergency.

Parking when swimming:

Please respect "No Parking Signs" when parking on Hickey's Lane and Windgap Road when swimming in the area. This is a safety issue if vehicles are blocking the road and there is an emergency. Please respect private property and swimming area and take your garbage with you.

No Dumping:

There is no dumping anywhere in the Town of Flatrock. It has been reported that people are dumping garbage, such as building materials in the areas of Red Head soccer field, Medalsis Pond Road and Flatrock cemetery. Garbage should be brought to Robin Hood Bay. The town holds a bulk garbage pickup in June and October each year.

Compost Bins:

Council has ordered compost bins for anyone interested in having one. Cost is \$21.99 plus \$2.86 tax, total \$24.85 each. The compost bins can be picked up at the town hall.

Diabetes Containers:

There are two red containers for clothing donations to the Diabetes Association located at the Flatrock Town Hall.

ReThinkWasteNL

Eastern Waste Management has a list of waste categories on this site: ReThinkWasteNL.

eWaste NL [Electronics Waste]

There are electronics recycling depots for TV's, computers, etc. in St. John's. The contact information is: eWasteNL@gmail.com or phone 689-7402.

Heritage Committee:

The date of the next Heritage Meeting will be posted on the town website.

Flatrock Recreation:

Information attached. Page 10 and 11

Flatrock 50 + Club:

Information attached. Page 12

Dog Tags:

If you would like your dog or even your cat registered in the town, then just drop by the town office and get a license for your pet, they are FREE OF CHARGE.

Animal Control:

The Town of Flatrock has Meagan Battersby, the animal control officer for the Town of Torbay working animal control for Flatrock. If you need to contact Meagan regarding an animal issue you may contact her at 437-6532 (ext 285), or call the Flatrock Town Hall at 437-6312. Please note when walking dogs they should be on a lease at all times and tethered on private property. **Please clean up after your dog when walking. Dogs are not allowed to roam.**

DVD, Mugs, Ornaments: The Town of Flatrock has 2 DVD's for sale. One DVD is of the 1989 Soiree and the other is a video done by the Town of Flatrock in 1990. These DVD's show Flatrock scenery, the Lancers, Patrick Moran, Mark Hiscock, Leah Stamp Band, Is'd Bye Band and Reunion Band. \$10.00 each. Mugs: \$5.00 each. Deck of Cards with Flatrock Logo - \$5.00.

Food Bank:

The Town Council will accept non-perishable food items for the local food bank year round. If you would like to donate to the food bank you can bring the non-perishable food to the town office Monday to Friday between 8:30am and 4 pm or anytime the town hall is open for functions or any activities.

BIZPAL

BizPaL is an online service, www.bizpal.gov.nl.ca providing permit and licence information to help entrepreneurs start and grow their business. BizPal provides integrated information on permits, licences and other regulatory requirements across three levels of government. BizPal's web-based, self-service application is practical, free and easy to use. Using a question and answer format, BizPal generates an accurate, timely and customized list of permits and licences that entrepreneurs may require for starting or growing a business.

Upcoming dates:

Safe Kids Week May 30 to June 5
Canada Environment Week June 5 – 11
World Environment Day June 5
Clean Air Day June 8
World Oceans Day June 8
Rivers to Oceans Week June 8 -14
Commuter Challenge June 5 - 11
Arbor Day in NL is June 1

Facebook and Twitter

Like us on Facebook at www.facebook.com/townofflatrock or follow us on Twitter at www.twitter.com/townofflatrock to keep up to date on what is happening in the Town!

Kevin Parsons MHA

Kevin Parsons MHA contact information: phone 729-6979, fax 729-5774,
Email: kevinparsons@gov.nl.ca

Nick Whalen, MP:

Nick Whalen MP contact information: Phone 772-7171
Email: nick.whelen@parl.gc.ca

Matthew Cooper Recreation:

Regional Recreation Coordinator, 335-2848 ext. 4 or recreation@pouchcove.ca

St. Michael’s Parish: Phone 437-6628 email: holytrinity@bellaliant.com

Cape St. Francis School: Phone 335-2962

Kids Help Line 1-800-668-6868 or KidsHelpPhone.ca

Mental Health Emergency

Mental Health Emergency Services are provided for anyone in crisis that include feelings of being overwhelmed, stressed, frustrated, and being unable to cope. Our mental health can be affected by: Family Relationships, Addictions Issues, Financial Difficulties, School or work stress, Grief, Abuse/Trauma or Illness.

Call 24 hour Province Wide Crisis Phone Line 737-4668 or 1-888-737-4668.

After Hours Emergencies:

Town staff is NOT to be called after hours; they can be reached through the Town office Monday to Friday from 8:30 am to 4:15 pm. For after hour emergencies the Town Council can be reached at the following numbers:

Mayor Darrin Thorne	Finance/ Roads/ Arena/ North East Avalon Joint Council NEAJC	437-5654
Deputy Mayor Terry Humber	Tourism/ Planning/ Community Center/ Soiree/ Killick Coast Games	437- 6634
Marion McCarthy	Recreation / Heritage / Soiree/ Killick Coast Games	437-6945
Michelle Martin	Recreation / Heritage / ICSP/ Volunteer Fire Dept liaison/ Killick Coast Games	437-5016
Paul Burton	Tourism/ Streetlights/ Roads/ Animal & Garbage Control/ Killick Coast Games	727-6640
Catherine Houlihan	Environment/ Heritage/ Soiree/ Stewardship Association Of Municipalities SAM/ North East Avalon Joint Council NEAJC	437-1452
Bob Schmiedendorf	Environment/ICSP Integrated Community Sustainability Plan	

RNC Tip of Month March:

Pedestrian Safety

Take steps to be safe when walking on roadways. This includes exercising caution at intersections and crosswalks and increasing your visibility at night by wearing retro-reflective clothing and carrying flashlights.

Walking is good for your health, and it's good for the environment too. But before you head out on foot for a stroll, power walk, or errand, there are important safety tips to remember, keep these tips in mind:

- Whenever possible, cross the street at a designated crosswalk or intersection.
- Increase your visibility at night by carrying a flashlight and wearing retro-reflective clothing.
- It's safest to walk on a sidewalk, but if one is not available, walk on the shoulder and face traffic.
- Avoid distractions such as electronic devices that take your attention off the road.

Source: <http://www.cdc.gov/features/pedestriansafety/>

RNC Tip of Month April:

Ensuring your kids are safe online means knowing your way around the electronics they use. While there are many benefits to these electronics, there are also many hidden dangers we often, as parents, don't think about. There are many risks and security issues involving the use of the Internet. Children and their parents should be most concerned about:

Viewing inappropriate material

Physical molestation

Harassment

Frauds and Scams

Tips for parents

- Learn about what your child is doing on the Internet - Know what Web Sites they are visiting, know what type of chat rooms, e-mail, and messages your child is involved in online
- Find out about Filtering Software that is available to block out objectionable material
- Set reasonable guidelines for computer use by your children - monitor the amount of time spent on the computer and when
- Keep computer usage as a family activity by putting the computer in a family room rather than in the child's bedroom
- Ensure your child does not give out personal information. Have them use a 'code name'
- Be wary of any offers that involve your child going to a meeting or having someone visit your home - Remember that people may not be who they seem
- Create a password for your computer that is hard to guess but easy to remember and change it often
- Monitor your credit card bills

Report any suspicious activity to the Police and ask for assistance.

Cape St. Francis Minor Softball Association

This new softball association will oversee the development and implementation of youth softball programs for ages 5 - 16. Under the direction of this new association, youth will be taught the fundamentals of the sport of softball and participate in game action. This new program will run from mid June to mid/late August.

Age groups and playing time will be as follows (all age groups are co-ed with the exception of the 13 – 16 age group):

Age Group	Days	Times	Location
5- 6	Monday and Wednesday	6:00 pm – 7:00 pm	Red Head Recreational Complex
7 – 9	Monday and Wednesday	5:30 pm- 7:00 pm	Red Head Recreational Complex
10 - 12	Monday and Wednesday	7:00 pm – 8:30 pm	Red Head Recreational Complex
13 – 16 Females	Monday	5:30 pm – 7:00 pm	Memorial Field
13- 16 Males	Monday	7:00 pm – 8:30 pm	Memorial Field
13 – 16 Females	Tuesday	5:30 pm – 7:00 pm	Red Head Recreational Complex
13 – 16 Males	Thursday	5:30 pm – 7:00 pm	Red Head Recreational Complex

An additional registration will be held at the Flatrock Town Hall on Thursday, June 16th, from 7-9 pm at the Flatrock Town Hall. If you have any questions regarding this program, please contact the Regional Recreation Coordinator at 335 2848 ext. 4 or via email at recreation@townofflatrock.com.

2016 Killick Coast Games

The 2016 Killick Coast Games will be hosted by the Town of Logy Bay – Middle Cove – Outer Cove from August 22nd to August 27th. The Killick Coast Games are open to youth between the ages of 11 and 17 (within the 2016 calendar year). Youth have the opportunity to participate in Ball Hockey, Basketball, Cross Country Running, Soccer and Softball. Residents can register at the Flatrock Town Hall between June 3rd and June 24th (during business hours). We will be holding a night time registration on Thursday, June 16th, from 7 – 9 pm at the town Hall. June 24th is the final day to registered and there will not be any registrations permitted after this date. Volunteers are required to assist with coaching duties during the games. Please contact the Regional Recreation Coordinator if you are interested in volunteering.

June is Recreation Month

Recreation Month is dedicated to reinstating the importance of actively participating in recreation throughout various communities in the province. It is a fun and exciting way to celebrate recreation and promote its many benefits to individuals, families and communities. Throughout the month of June, Flatrock Recreation will be sponsoring activities celebrating the importance's of recreation and physical activity in our daily lives. Please keep checking our website and facebook page for information regarding these events.

2016 Canada Day Celebrations

Family Fun Afternoon 1:00 – 4:30 pm
(Red Head Road Recreational Complex)

Family Relay Races

Community Barbeque

Musical Performance featuring Patrick Moran and Marcus Greene

Frontline Action (Cotton Candy, Bounce House, Face Painting)

Canteen service

2016 Summer Camp

Summer Camp registration was held on Monday, May 16th. We had an awesome turn out and over 90 kids are registered to participate in our program. There is currently only one week with space available. If you are interested in registering your child/ren for this week, please contact the Regional Recreation Coordinator at 335 2848 ext. 4 or via email at recreation@townofflatrock.com.

First Aid Training

The Town of Flatrock will be holding a first aid training session at the Town Hall on Saturday, June 25th, from 8:30 am to 4:30 pm. The fee to complete this course is \$85 per person and is payable at the Town Hall by Wednesday, June 22nd, by 4pm. Due to allergies, bananas and kiwis are not permitted for snacks. Any student who does not have up to date First Aid and has applied to the town for summer employment please contact the town office 437- 6312 or info@townofflatrock.com for information on this.

FLATROCK FIFTY PLUS FUN CLUB
663 Wind Gap Road
Flatrock, NL A1K 1C7

Our fifty plus group has enjoyed a busy year, and we're so happy to see the end of winter.

We had 13 new members join our club this year. We enjoy our bi-weekly meetings, a friendly game of cards, crafts, socialization, and refreshments. We had a couple of dances planned but had to cancel due to snow storms. We have an evening social planned for May 20 to try out our new sound system, and our year end potluck and dance is scheduled for June 25.

Some members of our group enjoyed an evening at Liddy's in Torbay last week. We played the Breakout Game. There are five different games you can play and our group played The Titanic. We are looking forward to going again to play a different game, it was fun.

We have several activities planned for the summer, a hike to the Beamer and picnic, an afternoon BBQ with horseshoes and washers, a couple of Friday evening socials. We are also planning an evening of laser tag, and maybe even an evening of pool at West Side Charlies!

25 members of our group will be enjoying a weekend at Round da Bay Inn in Plate Cove. We plan to take in the dinner theatre in Trinity, a day in Bonavista with dinner at a local restaurant, sight-seeing in the area. Should be a real fun time.

Dianne Stamp and Joanne Kavanagh are spearheading the planning for a Tea Party on a Sunday afternoon in October. We will be inviting friends and family to come along, wear your fancy hat and enjoy an old time tea party. There will be games and prizes for all who attend.

We held our bi-annual election of officers for the year September 2016 – June 2018 on April 28. Our provincial representative, Zoe Kopetsky, attended the meeting and ran the election. The new executive is

President	Carmelita Martin
Vice President	Viola Mulrooney
Second Vice President	Dan Kavanagh
Secretary	Marg Parson
Treasurer	Paula O'Keefe

On a final note, our group is selling tickets on a painting of Flatrock, tickets are \$2.00 each or 3 for \$5.00, to be drawn at our year end party on June 25. Please call any member of the executives if you would like a ticket, or Dianne at the Town Hall also has tickets to sell.

In closing, we would like to wish everyone a safe and happy summer, hope Mother Nature co-operates and brings us lots of sunshine!

Carm Martin, President	437-6921
Patsy Bishop, Vice President	437- 2352
Danny Kavanagh, Second Vice President	437-6902
Marg Parsons, Secretary / Treasurer	437-5789